



Choosing the Right Bat

Youth 8-10 Yrs Old

Player Height	Best Bat Weight
48 in.	16 oz.
50 in.	16.5 oz.
52 in.	17 oz.
54 in.	17.5 oz.
56 in.	18 oz.
58 in.	18.5 oz.
60 in.	19 oz.

Formula = $(\text{Height}/4) + 4$

Youth 11-12 Yrs Old

Player Weight	Best Bat Weight
70 lbs.	18 oz.
80 lbs.	19 oz.
90 lbs.	19.5 oz.
100 lbs.	20 oz.
110 lbs.	20.5 oz.
120 lbs.	21 oz.
130 lbs.	21.5 oz.
140 lbs.	22 oz.
150 lbs.	23 oz.

Formula = $(\text{Weight}/18) + 14$

High School & College

Player Height	Best Bat Weight
66 in.	27 oz.
68 in.	27.5 oz.
70 in.	28 oz.
72 in.	29 oz.
74 in.	30 oz.
76 in.	30.5 oz.

Formula = $\text{Height}/3 + 6$